

Lessons learned: Canterbury focuses on hunger awareness

Faculty and students at Canterbury School in New Milford recently dedicated themselves to hunger awareness.

In order to help support the town's food bank, nonperishables were collected for a month.

During a morning school meeting, students watched a portion of the documentary film, "A Place at the Table," where they saw how hunger is a problem in our own country, affecting rural and city dwellers alike.

"I noticed the students were silent as they left our viewing," said Keiko

Mathewson, director of community service and Spanish teacher. "I hope this film stirred something within our students."

The Fourth Form class saw the New Milford Food Bank firsthand when they delivered non-perishable groceries after participating in September's Walk A Mile for a Meal event.

They heard Social Services staff talk about the use of the food bank and how many families are helped on a weekly basis.

In a discussion after the Walk A Mile event, many students commented they didn't know that

hunger was an issue so close to home.

"We're aware now. How can you ignore the problem of hunger?" said student Carly Andersen, of the Class of 2015.

At the close of the food drive, Mathewson said Canterbury would donate more than 1,000 grocery items to the New Milford Food Bank.

The culmination of Hunger Awareness Month was Nov. 21, when students volunteered to donate either their breakfast or lunch for that day.

Canterbury School will give the money saved that day at the dining hall to charity.



Students and faculty from Canterbury School walk recently in support of the school's hunger awareness initiative to benefit those helped by the New Milford Food Bank.

SHEPAUG THESPIANS



CONTRIBUTED PHOTO/SPECTRUM

Tia Martino, Jim Hagen, center, and Nate Steers were among the Shepaug Dramatics performers to take the stage recently at Shepaug Valley High for three performances of "Urinetown." For more photos, visit www.newmilfordspectrum.com.

Maxx to offer teen events

The Maxx in New Milford will host a variety of upcoming events.

Offerings will include a dance and game night for seventh- and eighth-graders Dec. 6 from 6:30 to 9:30 p.m., \$8; Magic the Gathering for all skill levels Dec. 7 and 21 from 6:30 to 11 p.m.; an acoustic night featuring Ryan Watkins and Dan Capron Dec. 13 from 6:30 to 11 p.m., \$5; front room activities Dec. 14 from 6:30 to 11 p.m.; a holiday show featuring a variety of musicians Dec. 20 from 6:30 to 11 p.m., \$5; a holiday event and dance for sixth-graders Dec. 27 from 6:30 to 9:30 p.m., \$8; a video game and ping pong night Dec. 28 from

6:30 to 8:30 p.m., \$2; and a New Year's Eve bash for all high school teens featuring a movie, appetizers and drinks Dec. 31 from 8:30 p.m. to 12:30 a.m.

For details, visit www.TheMaxxClubOnline.com.

In addition, two other Youth Agency websites offer information about programs: www.nmsubstanceabusecouncil.org and www.youthagency.org.

South Kent students stage 'Thriller'

Students at South Kent School recently brought Michael Jackson's "Thriller" back to life.

The school's "Thriller" dancers made a debut performance Oct. 18 during fall family weekend and danced again for their peers Oct. 29 before the school's haunted house event.

The main event then happened on Halloween during the town's Mob Dance on Main Street in downtown Kent.

The dance mob, sponsored by Heron American Craft Gallery, invited anyone in the community who wanted to participate to be part of the dance.

After coordinator and instructor Wanessa Anderson saw the South Kent boys practicing, she asked them to headline the event.

The group of South Kent students was led by Jack Huang, a dancer who has choreographed multiple group dances in the past for South Kent's Call to Explore Affinity group.

Schaghticoke students earn honors

Students at Schaghticoke Middle School in New Milford have been recognized for their academic achievement by earning honor roll for the first marking period in the 2013-14 academic year.

8TH GRADE

Highest honors

Rachel Allen, Luis-Henrique Amaral, Dillon Ash, Clare Costello, Kayla Foster, Elizabeth Grabner, Julia Kenny, James Lewis, Hannah Littlefield, Sarah Marsan, Alexander Michalek, Viseth Neak, Madeline Neeb, Nina Nevarez, Taylor Nunez, Charles Osborne, Nishan Parikh, Eva Quigley, Charlotte Rothen, Elizabeth Schlyer, Jeffrey Schlyer, Travis Spengler, Skylar Stepankiw, Jenna Trezza, Julia Venezia, Danielle Weiss, Madeline Winter and Kelvy Zucca.

High honors

John Adams, Joseph Alexander, Daniel Andrejczyk, Hannah Arasim, Diego Ash, Kelsie Baxter, Robert Berry, Makayla Brown, Sydney Burns, Aidan Busnel, Nathan Caprigione, Martha Castillo, Matthew Clarke, Jacob Colley, Payton Coolbeth, Jacob Dengler, Nicholas DiCandido, Angela DiMascio, Mark Dunn, Duncan Edell, Nicholas Edwards, Nawal Elmahy, Gabriela Esposito, Whitney Fitzgerald, Micayla Flynn, Carolyn Gevinski and Katherine Grinnell. Also, Emma Hallacker, Katherine Harvison, Tyler Helms, Joseph Joffron, Lindsey Johanson, Taylor Kersten, Lukas Kugler, Talia Lent, Grant Li, Trinity Luis, Jessica Marcos, Maggie McKay, Jacob Meadows, Ryan Mondonedo, William Morris, Gavin Nuremberg, Sunita Pfizner, Emily Prizio, Rahul Reddy, Davin Roberts,

William Romaniello, John Santoro, Christine Schulze, Chase Schuster, Ryan Segal, Megan Sheeran, Kaitlin Siegle, Skylar Smith, Emily Supsak, Rebekah Tarbet, Olivia Thalassinis, Carleen Thompson, Sheah Tooley, Taylor Traisci, Ethan Trim, Maria Trocchio, Tyler Volansky, Olivia Wetmore, Gregory Winkelstern and Michael Wood.

Honors

Maya Addison, Bryan Almeida, Aunalise Anderson, Maria Andrade, Maria del Andrade, Shealyn Baumgarner, Ethan Baur, Elise Bautista, Emily Belanger, Leonard Belcourt, Jacob Berendsohn, Rebeca Bizier, Matthew Brevard, Carly Brill, Ronald Caba, Christian Carlucci, Alexis Carter, Amanda Cascone, James Coffey, Christopher Cromwell, Zachary Cyr, Abbi Debes, Thomas Delafield, Nicholas Doris, Zoe Dreyfus, Mikayla Dumas, Conor Ezra, Alexandra Flachbart, Lawrence Franzese, Anthony Fratino, Bryce Friedman, Christopher Gesualdi, Marla Grasso, Lauren Greiner, Phair Haldin, Amanda Hallas, Justin Hallas, Paige Hanlon, Nicole Hartwig, James Hoefler, David Hutchinson, Samara Jenkins, Haylie Jones, Amanjit Kaur and Delaney Kirk. Also, Kristen Kornhaas, Kurtis Krizan, Michael Lalli, Morgan Leclair, Alicia Leno, Brandon Leonard, Kennerson Lopes, Alexander Lytle, Ashley Maguire, Gabrielle Malick, Cassandra Mayes, Meghan McCann, Rebecca McGee, Meghan McNally, Dylan Thomas Miner, Robert Mitchell, Portia Monteiro, Michael Pascento, Derek Profta, Michael Raffaele, Vincent Rago, Jack Reardon, Alexander Richardson, Barbara Rountos, Christina Saraiva, David Scheglow, Luke Schell, Victoria Schmidt, Delaney Senior, Emily Silver, Emily Smeriglio, Paxton Smith, Juliana Sopko, Andrew Tagg, Amanda

Tarallo, Samuel Taub, Alexis Turian, Kyle Wilton, Peter Wunderlich, Tessa Young and Wilmer Yunga

7TH GRADE

Highest honors

Jessica Berkun, Isabella Bianchi, Lily Blanchard, Tyler Bowe, Maylai Chamreun, Vivek Chandra, Nova Chen, Jackson Cramer, Samantha Ehrenberg, Ryan Fanella, Emily Farr, Elena Harcken, Tristan Lee, Ryan Logan, Julia March, Alexander Mars, Trey Martin, Sean Murphy, Brendan Omana, Grace Panos, Gina Paradiso, Daniel Pettibone, Brooke Sheehan, Carly Sheridan, Claire Sproule, Sara Stone and Spencer Vanek.

High honors

Julian Anderson, Mackenzie Antonucci, Mya Barrett, Mackenzie Beck, Luke Beebe, Jacob Best, Samantha Burns, Skylar Busch, Stephanie Cafiero, Stephan Cannito, Conner Caridad, Michael Cavoato, Nicholas Cavoato, Jillian Ciaglio, Timothy Cianciolo, Katherine Clawson, Tori DeJulia, Kathleen Delaney, Sophia Dooley, Jon Luc Dumas, Alexa Duncan, Clark Ellis, Daniel Engstrom, Abigail Farrell, Isabella Farrell, Zachary Fisher, Frederick Foshay, Philip Gogarty, Evan Golembeske, Karley Greene, Samantha Guardino, Haiya Gulack, Eric Habjan and Matthew Hassiak. Also, Carl Hernandez-Mendoza, Zachery Hook, Ashley Jennings, Rajinder Kandhari, Hannah Kenny, Thomas King, Liam Lacey, Caitlin Leib, Megan Lovejoy, Ian Magner, Nicole Mang, Lilly McDermott, Ian McNamara, Elizabeth Meskill, Michael Milerzarski, Mariana Miranda, Satil Moni, Brooke Morabito, Eli Nahom, Chloe Onorato, Christina Onorato, Emily Papp, Thomas Portelance, Amanda Probst, Michael Rafferty, Ashley Ribeiro, Annessa Ririe, Katherine Roche, Ashley Rosenbergen, Anna Santarelli, Julia

Smialek, Connor Stahl, William Stanton, David Steele-Kimball, Brooke Strand, Emma Street, Denise Sweeney, Souraya Taouil, Emily Thompson, Andre Vial, Julie Voyez, Amanda Wallitynski, Oliver Wandasana, Kendall Williams, Connor Woods, Michaela Zegarelli, Karolina Zimny, Jack Zona and Rebecca Zullo.

Honors

Francesca Anderson, Dylan Appleby, Jinn Arana Rivera, Emily Arasim, Nicholas Arlands, Samuel Bayers, Madison Bielmeier, Carly Bonansinga, Emma Bruzzi, Charlotte Bunt, James Cannizzaro, Morgan Cartee, Olivia Casa, Luke Chastain, Ava Clark, Rose Connell, Catelyn D'Amato, Bennett Danvers, Emily Dawson, Robert Dogbo, Skyler Domain, Morgan Donnelly, Maggie Donohue, Jenna Drahota, Arianna Espinal, John Farrell, Conor Fergus, William Fischer, Merisa Fish, Laura Gangel, Guillermo Gomez, Katelynn Gorman, Brianna Hatzmann, Benjamin Heaton, Ryan Heaton, Colin Hollister, William Horvath, Brendan Hovey, Vera Hudson, Kevin Hughes, Aradhana Kainth and Ryan Kayfus. Also, Dillon Kessman, Jason Kurt, Julio Lopez-Neves, Julianna Lundgren, Benjamin Marano, Matthew McGovern, Spencer McLean, Ryan McNulty, Una Miolla, Thaddeus Monteiro, Brandon Muckerman, Colleen O'Connor, Abigail Pavlinsky, Logan Plaisted, Nathan Pongsamorn, Alessandra Prontelli, Kayleigh Rafferty, Jack Rodriguez, Faith Rosenhagen, Nicholas Ruffa, Sydney Ruiz, Matthew Russell, Andrew Santos, Devin Sara, Connor Sheeran, Olivia Showalter, Hunter Skelly, Olivia Smith, Paulo Socio, Olivia Squeglia, Kyle Stanis, Delaney Terry, Ryan Thibodeau, Delaney Wallace, Eoin Walsh, Sierra Woods and Trevor Zupcoe.

School Lunch Menus for December 9 - 13

NEW MILFORD PUBLIC SCHOOLS

Elementary and Sarah

Noble Intermediate schools

Monday: Tacos with salsa, lettuce, tomato, shredded cheese, refried beans.

Tuesday: Baked chicken tenders, garlic bread stick, California blend vegetables.

Wednesday: Elementary: Top Your Own: turkey and cheese on a roll, lettuce, tomato, olives, pickles, peppers, strawberry cup with whipped topping. Sarah Noble: Pizza crunchers, tossed salad.

Thursday: Baked chicken nuggets, roasted zucchini squash, animal crackers.

Friday: Personal pizza, Romaine salad.

Daily alternatives: whole wheat bagel/yogurt plate, cereal/yogurt plate, chef salad, ham and cheese or sun-butter and jelly on whole wheat. Rainbow fruit and vegetable tray and milk available daily.

Schaghticoke Middle School

Monday: Roasted teriyaki chicken, garlic bread stick, California blend vegetables. Alternate lunch: Hamburger, macaroni and cheese with whole wheat roll.

Tuesday: BBQ rib on whole wheat roll, baked potato puffs, cole slaw. Alternate lunch: Hot dog, pizzeria style pizza.

Wednesday: Roasted turkey, stuffing, mashed potatoes, corn, roll, strawberry cup with topping. Alternate lunch: Hamburger.

Thursday: Garlic French bread pizza, spring mix salad. Alternate lunch: Hot dog, spicy chicken patty on whole wheat roll.

Friday: Baked popcorn chicken, brown rice, broccoli. Alternate lunch: Hot dog, cheese filled breadsticks.

Deli bar offered daily: turkey, ham, buffalo chicken, provolone cheese, Pepper Jack cheese, American cheese, toppings. Assorted wraps: ham with provolone, turkey with American cheese, Buffalo chicken with American cheese. Specialty Wrap: Roast beef. Specialty Salad: Chef. Rainbow fruit and vegetable tray and milk available daily.

New Milford High School

Monday: Tacos with salsa, lettuce, tomato, cheese, black bean and corn salad. Italian market: Macaroni and cheese with whole grain bread stick, personal pizza.

Tuesday: Cheese filled bread sticks with marinara sauce. Grille: Cheese filled bread sticks with marinara sauce.

Wednesday: Slop Joe on wheat roll, Caesar salad. Italian market: Pasta with meat sauce, French bread pizza, salad. Grille: Spicy chicken patty on sesame roll, lettuce, tomato.

Thursday: Chicken patty on pretzel roll, lettuce, tomato, baked oven fries. Italian market: Broccoli chicken Alfredo or pizzeria style pizza, plain or with vegetables. Grille: Hamburger/cheeseburger or hot dog.

Friday: Mashed potato bowl. Italian market: Pasta or pizza, salad. Grille: Rice bowl.

Deli works offered daily: turkey, ham, salami, roast beef, tuna salad. Specialty wrap: Chicken Caesar. Specialty salad: Spinach. Chef salads, yogurt and granola parfaits offered daily. Choice of rainbow fruit, vegetable tray, yogurt, hummus, pita bread and carrots and milk available every day.

KENT CENTER SCHOOL

Monday: Teriyaki chicken strips, rice, broccoli, pineapple.

Tuesday: Slop Joe on whole grain bun, three-bean salad, orange slices.

Wednesday: Spaghetti and meatballs, mixed vegetables, banana.

Thursday: Stuffed crust pizza, Romaine salad, apple.

Friday: Turkey sandwich, vegetable sticks, chicken noodle soup, fruit, vanilla ice cream.

SHERMAN SCHOOL

Monday: French toast sticks, breakfast sausage, cucumber sticks, fruit cup.

Tuesday: Macaroni and cheese, Romaine salad, fruit cup.

Wednesday: Beefy cheesy whole grain nachos, celery sticks, fruit cup.

Thursday: Turkey meatball grinder, baked sweet potato, orange.

Friday: Cheesy breadsticks, tomato sauce, baby carrots, apple.

Daily alternatives include: garden salads, whole grain bagel and yogurt, Boars' Head deli sandwiches on wheat bread or wheat Kaiser rolls, whole grain chicken nuggets, hamburgers and cheeseburgers on whole grain rolls, whole grain chicken patties on whole grain rolls, whole grain pizza, hot dogs on whole wheat buns. Available everyday: Seasonal fresh fruit, veggie sticks, Romaine salad, fruit cup, applesauce and milk.

SHEPAUG VALLEY SCHOOLS

Monday: Cheeseburger on wheat roll, seasoned potatoes, cole slaw, pears.

Tuesday: Chicken nuggets, seasoned brown rice, corn, peaches, 100 percent fruit juice.

Wednesday: Whole wheat pasta and meat sauce, broccoli, whole wheat roll, applesauce.

Thursday: Stuffed crust pizza, white bean salad, raw baby carrots, 100 percent fruit juice, banana.

Friday: Half day. No lunch.

Daily alternative: Chef salad, assorted sandwiches, assorted wraps. Choice of milk available daily.

HOUSATONIC VALLEY REGIONAL HIGH SCHOOL

Monday: Cheeseburger or hamburger on a roll, smiley fries, green beans. A la carte: Veggie burger.

Tuesday: Chicken fajitas, refried beans, corn, salsa. A la carte: Chicken noodle soup or grilled cheese.

Wednesday: Pasta with marinara, Alfredo, or meatball sauce, garden salad, whole wheat roll. A la carte: Bosco stix.

Thursday: Slop Joe on a roll, spinach, buttered noodles. A la carte: Eggplant parmesan.

Friday: French bread pizza and spring mix salad. A la carte: Broccoli salad.

WARREN SCHOOL

Menu unavailable at press time.